

Women Only Self Defense Seminar

See more at CoachDavidAlexander.com or RapeProof.com

RAPE PROOF: How to Defeat a Rapist and Survive a Violent Attack

(Featuring my B.E.T. "Target Based" Self Defense System)

Don't Be A Victim, Defend Yourself!

Taught by World Famous Self Defense Expert Coach David Alexander

Hosted at (Your Place) and Sponsored by (Your Sponsor)

Every 2 Minutes, Someone in the U.S. is Sexually Assaulted.

Here's the math. According to the U.S. Department of Justice's National Crime Victimization Survey --there is an average of **207,754** victims (age 12 or older) of rape and sexual assault each year.

It's virtually always better to defend yourself, particularly if you're trained in how to "end the threat". Women who defend themselves are injured less often, are more successful in stopping the attack and feel better about themselves afterwards.

Learn the "SECRET" to Real Self Defense! This "SECRET" allows a person of any size, shape or age to survive an attack from a larger and stronger attacker!

"My system is the ULTIMATE in self defense. In my opinion there is NO OTHER system that is faster & easier to learn and more effective than my B.E.T. Self Defense System!" Coach David Alexander



Do you want Unlimited Confidence? Do you want to FEAR NO ONE?
Attend this Life Saving Seminar and YOU WILL HAVE IT!

This is going to be a Myth Busting, Truth Telling,
In Your Face, No-Nonsense, Can't Miss, Life Changing Seminar!

WARNING! WARNING! WARNING!

This class contains adult situations, violent scenarios, stories and language. This class is very intense (mentally, not physically) and you'll hear things that might make you uncomfortable. I will tell you the TRUTH about bad people and violence. I will not sugar coat my statements or answers to your questions, because that would not be fair to you or your loved ones.

Sign up at the Front Desk. Limited Spots Available! Participation Required. Dress Comfortable and for filming. For more info contact Coach David Alexander at coachalexander@gmail.com

Date: Time:
Cost:
Location:

*"When you're in a fight for your life,
you better know how to win!"
Coach David Alexander*

What do you learn?

My system is easy to learn and easy to apply. My system is **NOT** martial arts or learning how to fight. I teach you how to “end the threat” in seconds so you can return home safe to your family or to protect your family, if necessary. I make it possible for a smaller and weaker female to defeat a much larger and stronger attacker. You will not be disappointed. No one should ever be raped. It is easy to defeat a rapist, but you must know how to do it correctly. My seminars are interactive, very unique and are also customized to the group according to situations, scenarios, questions, etc... and I guarantee that the information and training I share with you will have you ready to save yourself or family the same day, if necessary. I also limit the amount of attendees so everyone will get individual and personal attention. I want you to be so confident in your new skills that you could literally defend yourself if you’re attacked in the parking lot immediately after you leave my seminar.

Do you want to host a Seminar?

Do you own or manage a gym, fitness center, Pilates, yoga facility or would just like to advertise your company or organization by promoting something unique, different and beneficial to the women in your community? Then host or sponsor a seminar for your clients, team members, employees, friends, sisters, etc... and expose your facility or organization to new members or friends. Contact me and I will bring my RAPE PROOF: How to Defeat a Rapist and Survive a Violent Attack Seminar to you. You keep the sponsor money, a percentage of the seminar fee and treat your members to something new and exciting that could end up saving their life. It’s a win-win for all of us! Or you could pay for the seminar as a team building or public service philanthropy and have your guests attend for free, it’s up to you. Or are you a person that could get a small group of women together (8 - 20), who would like to learn “How to Defeat a Rapist and Survive a Violent Attack”, and could find a location to host a seminar in your area or home? Contact me for pricing: Coach David Alexander coachalexander @ gmail.com

Ideas for places that should host a RAPE PROOF seminar:

Gym

Fitness Center

Pilates Studio

Yoga Studio

CrossFit Box

Private Home

Human Resources and Function Coordinators

Real Estate Professionals who would like to take care of past/future clients

Title Companies

Insurance Professionals

Sororities

School Clubs

Schools (daycare to university)

Civic Organizations

Faith Communities

Employers

Law Enforcement

Medical Personnel

First Responders

EMTs

Girl & Boy Scouts

Community Fairs

Health Fairs

Social Service Providers

Child Protective Services

Religion Classes

Athletic Teams

Prom Planning Committees

School Clubs

Contact me for more information Coach David Alexander (coachalexander @ gmail.com).